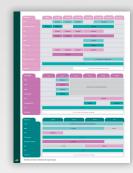


Explore our new educational resource created to support improved patient and provider relationships. This resource guide looks to help people navigate the barriers impacting health outcomes.

## **Resource Guide features include:**

- Patient and provider resources to support more profound connections and improved health outcomes
- Vaccination and screening schedules
- Scholarly articles and case studies highlighting issues in our healthcare system
- Educational and community-based resources















Download your copy today or visit

https://ccphealth.org/racial-equity-in-the-u healthcare-system-resources/ Did of things to think through before y

OHITHERT INFOGMATION

DIS Nome:

APPOINTMENT INFORMATION

Coctors Harne:
Type of Dordon

Appointment Date:

Clim Juldons

Be Ready for Y Next Appointn

BEFORE APPOINTMENT CHECKLIST

Medicine listler your medicine hobitis.

Shifter down any changes in your hose

Shifter down any questions you have

Gather any documents you need to be

☐ Photo ID
☐ Insurance-Card
☐ Forms you were asked to bring

Trying Teach-l

Keep in mind:
This is not a first of the justient's knowles concept.

Plan your approach:
This isbout how you will ask your paties exempts. We connected not body out? I should be first them with the millionated in the patient of the concept.

werpen. We converse and copyright all was clarify. Since there were the evidence of congreed to all it helps as control pare allowing. Charact was clarifichted and of a vertice in inflation to generate and theselv par potent tracesh it but clarify and check again. If such-dock uncovers a misundendurating pareach, ship potents to broad-back upgain.

the information in their own worth if they point of hear understood.

Start slewly and use consistently:
At first, you may want to by leach back with the conformable with the technique, use booth-back

Practice:

\*\*Evillation Statis time, but once it is part of you.

Use the state time, but once it is part of without earlier members and does not large!

Use the show-one method:

When principling near medicine or chars when parts being near medicine or chars when parts controlly as when and has make installed when advect to demonstrat Yea notice of that from proposite host traubile.

thinner. Conyou show the how you are got Use handouts along with teach-th little down key information to help patie not important elimination by minimizing understanding Yau can allow patients to their own words and are not reading the i

Questions to

Have you ever walked out of a doctor's appoint had paleed? You are not alone. The questions a what the doctor said its good to be prepared, questions. They are then to hall you, and the

what the doctor said its good in the graps quadious. They are there to halp you, and don't understand.

Here are a few questions to conside

LABACORK OR TEST

Why is the test being done?
While diese the test involve?
How thought get raidy?
An there any dangers or side effect.
How will lend out the remails?
How long will it die to get the result.
While will the lend to size.
United to drink before the sea?
Can took or drink before the sea?

DIAGNOSIS

What may have caused this?
Will have this my online Sto?

USS\*

Plaw is this condition broked or managed?

Plaw can file are more about my condition?

What symptoms should libral for?

Will seed more resolutional?

