

The Color of Care

Debrief Discussion | December 14, 2022





Welcome!

- Remember to breathe
- Proceed at your own pace
- Cultivate a safe space





Icebreaker

Insert **one** word that best describes your reaction to the documentary, *The Color of Care*



“At the height of the pandemic, I read something that stopped me in my tracks. I read a story about Gary Fowler, a Black man that died in his home because no hospital would treat him despite his COVID-19 symptoms.

As we continued to hear how the racial disparities in our country were exacerbated by the effects of the pandemic, I felt something needed to be done. This film is my way of doing something, with the intention that the stories we share serve as both a warning and foster a deeper understanding of what changes need to take place to better serve us all.”

Executive Producer Oprah Winfrey

Equality



Equity



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Public Health Crisis

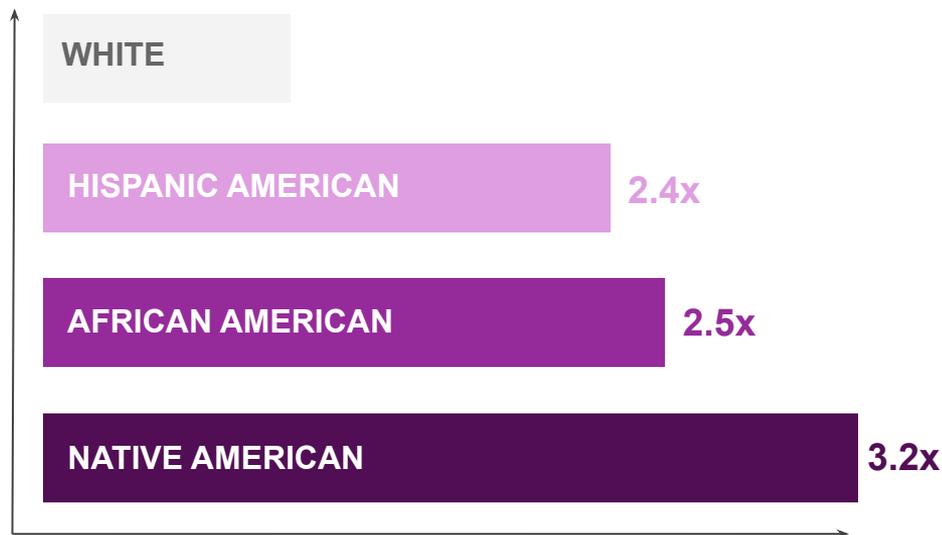
Systemic Racism and **Anti-Blackness** are a public health crisis, and we need to seize this moment to open people's eyes to health disparity and champion real change in the United States.



COVID-19 Effects

As of February 2022, in comparison to **White, Non-Hispanic Americans** hospitalized for contracting COVID-19...

- **Hispanic Americans** are **2.4x** more likely to be hospitalized
- **African Americans** are **2.5x** more likely to be hospitalized
- **Native Americans** are **3.2x** more likely to be hospitalized

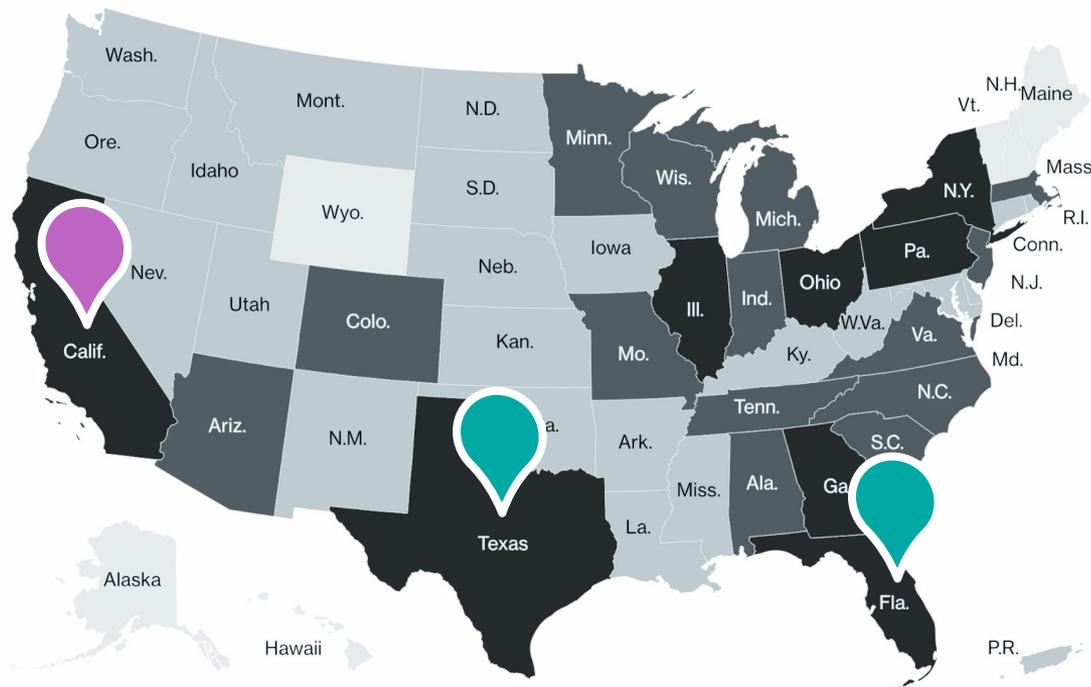




COVID-19 Effects

As of March 7, 2022, the state with the highest number of COVID-19 cases was **California**.

Over **79 million** cases have been reported across the United States, with the states of **California**, **Texas**, and **Florida** reporting the highest numbers.



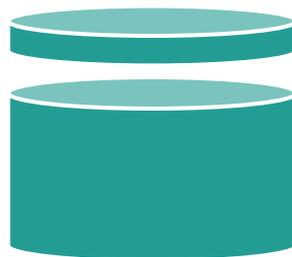


COVID-19 Effects

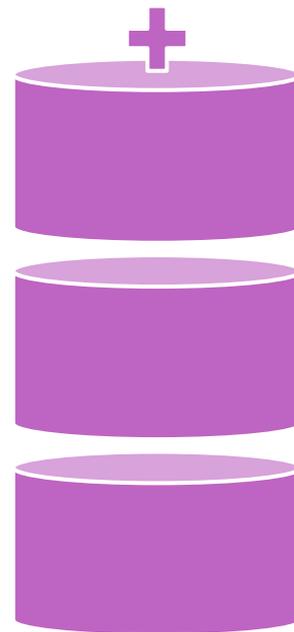
According to the National Center for Health Statistics in 2020, COVID-19 reduced overall U.S. life expectancy by **1.5 years**.

Black and Hispanic people are the worst affected, losing more than **3 years in life expectancy**.

White people lost **1.2 years in life expectancy**.



1.2 Years Lost



3+ Years Lost

Breakout Discussions

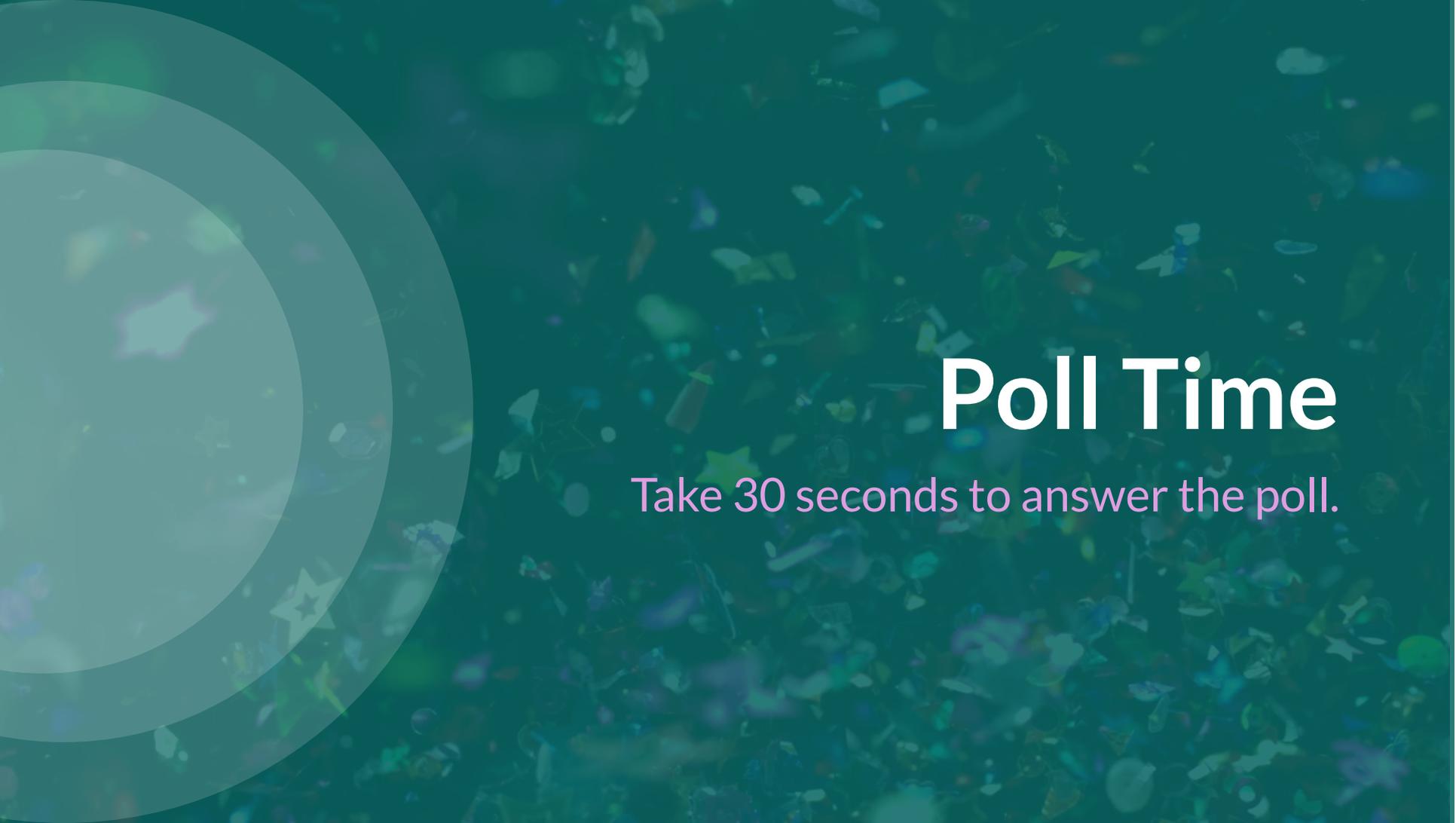
Please share your lived experiences



Discussion Prompts

Discuss for 20 minutes:

- What are your biggest takeaways from the film?
- In what ways have you seen health inequities in your community?
- What do you think perpetuates the state of health disparities in the US today?
- What does equitable care look like?
- How has the COVID-19 pandemic impacted health disparities for communities of color in your community?



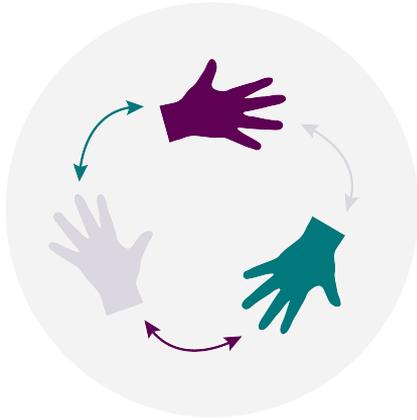
Poll Time

Take 30 seconds to answer the poll.

What Can We Do?



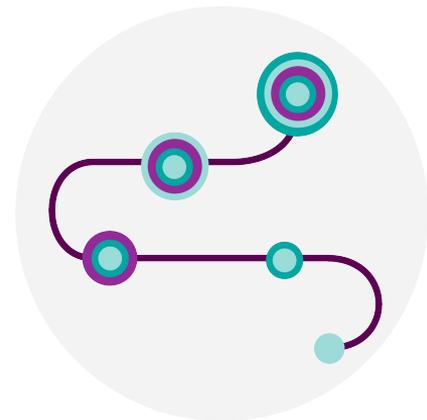
CCPH Approach to Community Engagement



Partnering



Training



Connecting



Clinical Scholars Resources

Free eBook: *Leading Community Based Changes in the Culture of Health in the US - Experiences in Developing the Team and Impacting the Community*

Community Toolkits and Ted-Like Talks:
clinicalscholarsnli.org/community-impact

COVID Project Videos and More:
youtube.com/@ClinicalScholars





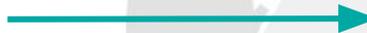
Social Ecological Framework

Systems-Level Approaches



Regional, National,
Global Systems

Built Environment Approaches



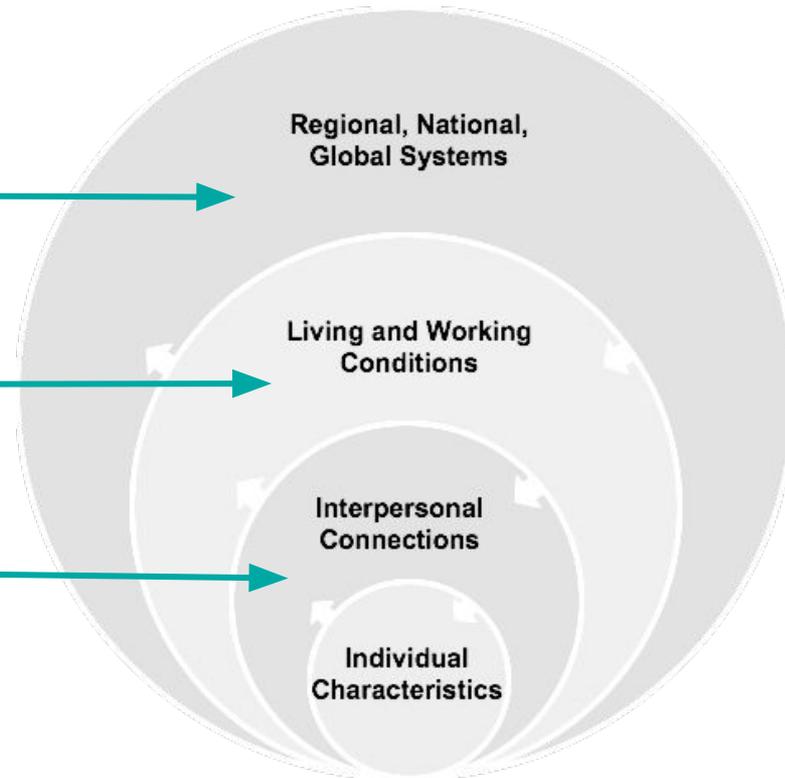
Living and Working
Conditions

Individual-Level Approaches



Interpersonal
Connections

Individual
Characteristics





Breakout Discussions

Creating platforms for action



Action Prompts

Discuss for 20 minutes:

- **Systems Level:** What does it mean to have a seat at the table to make decisions reducing health disparities? How do you address tokenism?
- **Organizational Level:** How can your organization's time, resources and talent be used to advance equity?
- **Individual Level:** After watching this film and reflecting on the needs of your community, how can you use this information to strategize and shape your efforts to advance health equity?



Poll Time

Take 30 seconds to answer the poll.



Debrief and Closing

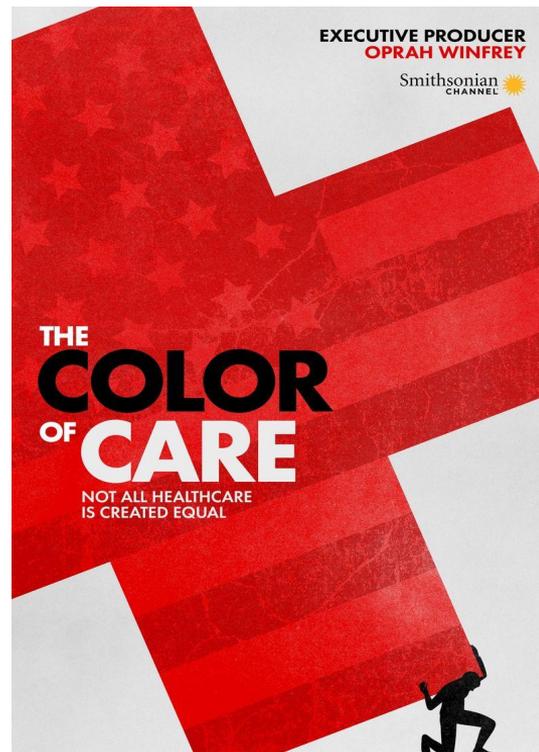
Thank you for your time and honesty.



Post Discussion Evaluation

Please take the next **2 minutes** to complete this short evaluation:

https://ccpoh.qualtrics.com/jfe/form/SV_00pgbCbW0A5O1gi





Thank You!



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facebook.com/CommunityCampusPartnershipsforHealth



linkedin.com/company/community-campus-partnerships-for-health



Celebrate with us!

Please share a comment, moment of celebration, or partnership story on our webpage.



Covid-19 Resources

Robert Wood Johnson Foundation: Racism and Health: Inequities across our nation have their roots in discrimination

- NAACP: COVID No More Program
- Sign up for the latest updates about health and wellness, including COVID-19 guidelines via The Centers For Disease Control and Prevention. Their hotline is open 24/7:
800-232-4636



Mental Health Resources

Mental Health Resources:

- Visit Made Of Million's COVID-19 hub to find tips for handling anxiety, resources to get help, and breathing exercises to manage stress.
- Find support at Mental Health America.
- For mental health resources, contact Substance Abuse and Mental Health Services (SAMHSA). SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.
- Office of Minority Health: The Office of Minority Health is dedicated to improving the health of racial and ethnic minority populations through the development of health policies and programs that will help eliminate health disparities.
- Mental health for students has become a major problem during the pandemic, with limited support. An impact report from Our Turn found that 65% of students' mental health has worsened since COVID-19 began. Read their full report and find additional resources here.
- Find mental health resources and tips at The Mental Health Coalition's free resource library. Also, find actionable ways to support your community (and yourself!)